





NY woman mauled by lion loved animals

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 Jennifer Garner to
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 Affleck'
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'Hipster economy' vital to New York's future

Revitalized. Vegan ice cream and the "hipster economy" are giving a boost to manufacturing.

Vegan ice cream, glutenfree bread and homemade salsas could be the boost that New York City's manufacturing has been looking for.

Although the overall manufacturing market has plunged over the last decade, the specialty food market, propelled by the "hipster economy," has grown 27 percent over the past five years, according to a recent report by Evergreen and the Pratt Center for Community Development.

And those hipster businesses are adding even more to the economy by paying their small number of employees better than minimum wage, says the report.

The study found that many of these companies were started by young entrepreneurs — who did not have a food background — during the recession. The businesses have reached the critical three- to five-year mark, and need help growing their companies in the Big Apple.

in the Big Apple.

"This is when everybody starts to hit challenges," said Caitlin Dourmashkin, co-author of the Evergreen report and director of planning and community development at the agency. "The city needs to do more to protect manufacturing and

Quotec

"This is when everybody starts to hit challenges. The city needs to do more to protect manufacturing and ensure there is space for these businesses to grow."

Caitlin Dourmashkin

ensure there is space for these businesses to grow.

A 200-square-foot kitchen at the Organic Food Incubator in Long Island City pumps out 70 gallons of Alchemy Creamery vegan ice cream a week. The company, started by three college friends who studied acting together at the

University of Connecticut, officially launched in March 2012.

Two months later, in what co-owner J.D. Gross describes as a "shotgun wedding," they were selling their ice cream — both traditional and dairy-free vegan options at Smorgasburg.

"The market spoke — the vegan ice cream sold better," Gross said. Since then, they've hired six seasonal employees they pay just above minimum wage, started selling pints at neighborhood stores and are planning West Coast distribution.

When asked where they'd like to be in a year, Giuseppe Maione, co-founder and chef, said they'd like to have a store in a state where it's warm all year, with low opera-

tional costs.

Karen Freer, who also works out of the incubator, started gluten-free Free Bread three years ago after raising \$13,000 on IndieGogo and a family loan. She now has 11 employees and sells her bread at restaurants such as Le Bernardin.

"I hit it at the right time," Freer said. "I wasn't after the market; I started making bread and never stopped."

Freer said her operation is still very "scrappy," and she is looking for city support to grow.

She adds: "It has given me an incredible amount of joy, despite all of the pitfalls and being poor."



WENDY JOAN
BIDDLECOMBE
Wendy Riddlecombe@metro.us





Subway push. Transgender woman shoved onto tracks



The NYPD was looking for a man they say pushed a transgender woman onto the subway tracks at Bleecker Street on Monday morning.

Police said the victim, a 28-year-old woman, was approached by a man who was "acting erratically" about 9 a.m. on the southbound track

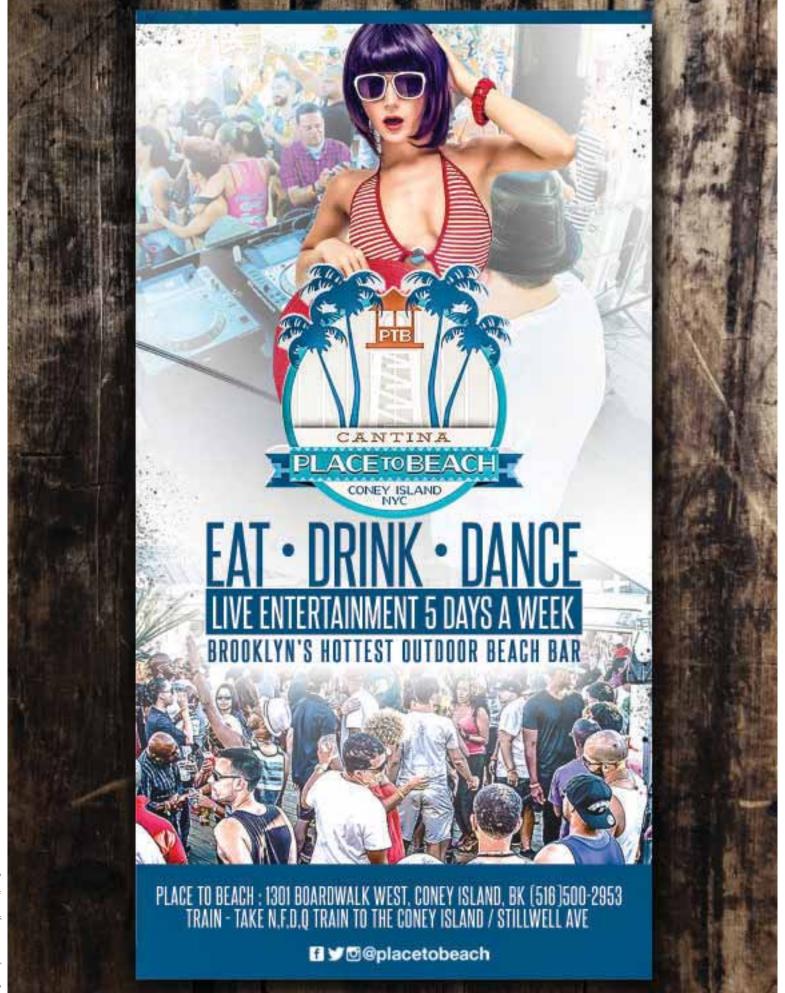
of the 6 train.

The man allegedly said "what are you looking at," pulled a plastic bottle out of a nearby garbage can and threw it at her, then pushed her off the platform and onto the tracks.

Several bystanders helped her back to the platform, police said. An NYPD spokesman said Wednesday that the NYPD Hate Crimes Task Force was investigating the attack, but that it was not immediately classified as a hate crime.

The woman was treated at Bellevue Hospital Center for a large laceration on her chin, damage to her top front teeth, a sprained wrist and scratches and bruises. She was later released, police said.

Anyone with information is asked to call Crime Stoppers at 800-577-TIPS, submit their tips online or text 274637(CRIMES) then enter TIP577.





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Lion maul victim was a devoted animal lover

Taken. The New York editor on "Game of Thrones" was mauled in a lion park.

metr⊕

It is the ultimate irony in the tragic death of Katherine "Katie" Chappell, the New York woman killed in South Africa's Lion Park, that she was so dedicated to keeping alive one of the beasts that ended her life.

Chappell, 29, grew up in Rye, West-chester County, was a true-blue conservationist and a talented visual effects editor who worked on HBO's "Game of Thrones" via a company called Scanline.

"We are broken-hearted to share this news with our friends and family: [Monday] morning, while on a volunteer mission to protect wildlife in South Africa, Kate Chappell was involved in a tragic and fatal accident," her sister, Jennifer, posted on Face-

"Katie was a brilliant, kind, adventurous and



high-spirited woman. Her energy and passion could not be contained by mere continents or oceans. She was very much loved and shared her love for life with those she met.'

Chappell in March turned to the crowdfunding site, GoFundMe.com to raise \$1,300 for Wildlife ACT.

Her brutal end came Monday in Johannesburg in Lion Park, the closest habitat to the city to let visitors get up close to the wild beasts.

The park, which has

nearly 200,000 visitors yearly, is very specific about keeping windows rolled up and said the attacking lioness won't be put down.

Chappell was taking photos through the open window when the lion lunged and dragged her from the vehicle, fatally mauling her. A second victim, a man in the car who tried to save her, was also injured.

JOHN A. OSWALD @MetroNewYork

Phony lawyer

Brooklyn DA busts fake immigration lawyer

A Sunset Park man accused of being a fake immigration lawyer was indicted for fraud Wednesday after allegedly selling an undercover detective a forged Social Security card.

Howard Seidler, 69, allegedly charged an undercover detective more than \$3,000 after meeting with him at the Brooklyn Bar Association's library. He delivered a forged Social Security card to the detective a few weeks later. WENDY JOAN BIDDLECOMBE

Finance. New laws on bitcoin issued by state

New York state's top financial regulator issued extensive new rules on Wednesday for companies that operate in virtual currencies such as bitcoin.

The new rules, the first by a state, create comprehensive guidelines for regulating digital currency firms, Benjamin Lawsky, superintendent of the New York state regulator, said in a speech Wednesday. This will be his last major move before stepping down at the end of the month.

It means that digital currency companies operating in New York state that hold customer funds and exchange



virtual currencies for dollars or other currencies are required to apply for what is known as a state "BitLicense."

The "BitLicense" rules include consumer protection, anti-money laundering and cybersecurity protections. **REUTERS**

Five things you didn't know about male escorts



Interview. Metro spoke with Drilla, a professional escort and porn star. to learn more.

If there is anything you can learn from a professional escort, it's that the money is always upfront.

"That's my policy," said Drilla, a 29-year-old professional male escort and porn actor from

Drilla's company is not cheap

"Right now I charge \$300 an hour, but that's only a base price. That means that it's \$300 an hour just for me to show up. It depends on what experience the person is looking for. If I'm coming in and they want the boyfriend experience or they want something extra personal — if you want me to kiss you or stuff like that. I've made \$10,000 on one client for about two hours."

MATT LEE, METRO **Drilla identifies** as a pansexual

Brooklyn. "Like I said, I'm paid for my time. I'm

not gonna waste my time

session's over and they're

looking around tapping their pockets. I don't have time for that." Metro spent the after-noon with Drilla to learn

all about his unique pro-

fession; and what he told

us was fascinating. Here are five things you didn't

know about male escorts.

with a client and then, next thing you know, the

"Pansexual means that you can find a sexual attraction. You can find beauty in just about any [sexuality or] gender, whether it be male, female, a transgender woman, a transgender man, a stud, a femme, butch, an aggressive femme; it doesn't matter. The only thing is the connection most of the time is gonna be more mental than physical, but you can find beauty in just about anything."

Some clients are celebrities

"I've had a few celebrity clients myself. And, well

a couple of them I didn't even realize they were celebrities until I actually got there. But it was just, ya know, it's the business."

Escorts aren't prostitutes

Don't get it twisted. "I'm an escort because an escort charges for their time, not for what they do. A prostitute is exclusively someone who trades sex for either favors or for money. With me, I charge for my time. It's not about what I do, I'm an entertainer."

Sex isn't always on the menu

"[With] a very high percent of clients, sex ends up happening. But that's something that's a mutual agree ment between two consenting adults. Also, I mean, sex can vary amongst a plethora of different types of acts."



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'Inconclusive'

Muslim community pushes for video to be released

The shooting of a man suspected of a terror plot prompted some in Boston's Muslim community and civil rights activists to call for police to publicly release a video of the incident.

Boston Imam Abdullah Faaruuq on Wednesday called the video that captured the deadly shooting of Usaama Rahim by a BPD officer and FBI agent in Roslindale on Tuesday "inconclusive."

"I don't think he was shot in the back. However, we couldn't see clearly at all. Was he brandishing a knife or not? We can't be clear on what transpired," said Faaruuq.

"I do feel personally that if he weren't from the Muslim community [the officers] would have approached him a different way."

Suffolk County DA
Dan Conley, who joined
Faaruuq and investigators
at a briefing Wednesday
promised that investigators
would look at every angle.

"It's very, very impor-

tant that we get to the bottom of exactly what happened, and we pledge that we will do that," Coley said.

But ACLU representative Kade Crockford said lingering questions is troubling.

"The only facts we have are that the FBI and the Boston police walked up to him and he ended up dead," Crockford said.

Slain terror suspect had plot to kill 'boys in blue'



Boston. Usaama Rahim originally planned to behead a cop outside Massachusetts but changed his mind at the last minute, say prosecutors.

The man fatally shot by antiterror officers in Roslindale had told a friend he planned to kill some "boys in blue" this week, prosecutors revealed Wednesday.

Usaama Rahim, 26, had originally planned to behead a law enforcement officer outside of Massachusetts, but changed his mind at the last minute and told his friend. David Wright, 26, that he wanted to attack a state police officer instead because it was easier.

"I'm just going to, ah, go after them, those boys in blue," Rahim was heard saying on a phone call to Wright at 5 a.m. Tuesday morning that was recorded by the FBI. "Cause, ah, it's the easiest target and, ah, the most common is the easiest for me."

Less than two hours later, Rahim lay in bloody pool outside a CVS on Wharton Street after a BPD officer and an FBI agent shot him when he lunged at them with a foot-long, military-style knife.

His pal — and alleged accomplice — Wright was arraigned in federal court in Boston on Wednesday afternoon on charges of conspiracy to obstruct justice. The 6-foot-7 Wright had to be led into court wearing two sets of handcuffs because of his size.

Wright was charged with conspiracy to obstruct justice by altering, destroying, mutilating, concealing or covering up a tangible object with intent to impede an investigation. This charge carries a possible five-year prison sentence. There was no plea offered.

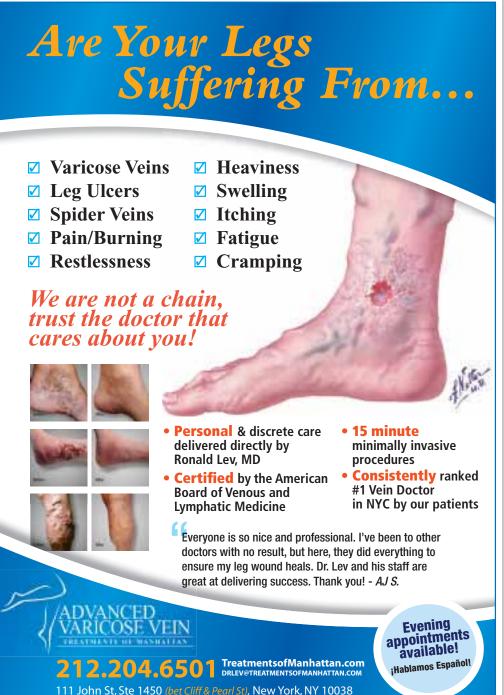
Rahim, said police, told Wright in a tapped phone conversation, "I'm going to, ah, go after them," with a "nice little tool" that was "good for carving." During their conversation, Rahim instructed Wright to destroy his phone and wipe his laptop clean.

He also told Wright to delete the information on his phone and smash it on the ground and make sure it was completely destroyed "before anybody gets it." He then said, "CSI will be looking for that particular thing."

According to the affidavit, Boston police officers and FBI agents approached Rahim in Roslindale shortly after this conversation. At this point, Rahim pulled out the Bowie knife and stepped toward the officers.

When they ordered Rahim to drop his weapon, he told them to drop theirs. Officers then opened fire, killing Rahim

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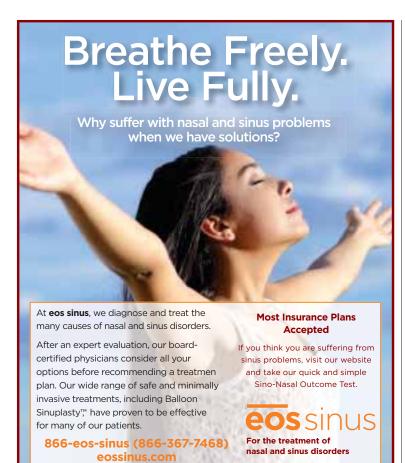




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Duggar molestation scandal: Josh touched sisters at least 6 times



Confessed. Josh Duggar admitted to police to touching his sisters.

A bombshell police report shows that Josh Duggar confessed to his father Jim Bob at least three times that he molested his sisters and a family friend, reports In Touch. The report also pins Josh at age 15 when he admitted to molesting his sister who was 5 years old at the time. Josh allegelly molested his sister at least seven times.

The Washington County Sheriff's report found that the Duggars, stars of "19 and Counting," did not report Josh's confessions to the police until at least 16 months after he made them, even though Josh had not corrected his

behavior. During those 16 months, the Duggars did not take any professional action at all: They did not get mental health counseling for Josh or the victims involved.

Legal experts told In Touch that Josh's parents Jim Bob and Michelle could have landed in prison for six years for sitting on their hands in regards to their son's actions. However, due to the statue of limitations expiring, the Duggar parents are in the clear.

Jim Bob told police that when Josh turned 14, he admitted to his father that he had been sneaking into his sisters' room at night to touch them on the breasts and genitals as they slept. He touched several of his sisters, as they all shared one bedroom. Josh also told his father that this had happened four or five times. ANDREA PARK, METRO





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Three things to know

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School won't ban student's feather

A California school district, facing a civil rights lawsuit, has agreed to drop its objection to a Native American student wearing an eagle feather at his high school graduation ceremony in the city of Clovis.

Attorneys for the American Ćivil Liberties Union of Northern California on Monday

filed an gency lawsuit to challenge the Clovis Unified School District's refusal to allow the feather.

Under a settlement, Clovis High School senior Christian Titman will be allowed to wear the feather in his hair and affix it to the tassel of his mortar board during the ceremony.

Obama signs bill reforming surveillance program

President Barack Obama signed into law legislation passed by Congress earlier in the day reforming a government surveillance program that swept up millions of Americans' telephone records.

Reversing security policy in place since shortly after the Sept. 11, 2001, attacks, the bill ends a system exposed by former National Security Agency contractor Edward Snowden. The spy agency collected and searched records of phone calls looking for terrorism leads but was not allowed to listen to their content. REUTERS

Lawsuit says Zara lawyer harassed, fired for being gay and Jewish

A former attorney for Spanish fashion chain Zara filed a \$40 million lawsuit claiming he was harassed and ultimately fired for being Jewish, American and gay.

The lawsuit says Ian Miller, who was general counsel for Zara USA Inc. from 2008 until this March, was excluded from meetings, given smaller raises than coworkers and subjected to racist, homophobic and anti-Semitic remarks.

Miller also claims the executives who harassed him were insulated from punishment by Amancio Ortega Gaona, the company's founder and the fourthrichest person in the world. REUTERS





JANUVIA works by enhancing your body's own ability to lower blood sugar.

- . JANUVIA is a prescription pill you take once a day.
- . JANUVIA, along with diet and exercise, helps lower blood sugar in adults with type 2 diabetes.
- . JANUVIA, by itself, is not likely to cause blood sugar going too low (hypoglycemia), because it works less when blood sugar is low.
- . JANUVIA, by itself, is not likely to cause weight gain.

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreabtis (inflammation of the pancreas), it is not known if you have a higher chance of getting it white taking JANUVIA.

Selected Risk Information About JANUVIA

Serious side effects can happen in people who take JANUVIA, including pancreatilis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking: JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including stagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swellowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away.

Kichey problems, sometimes requiring dialysis, have been reported,

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a suifonylurea or insulin, your risk of griting low blood sugar is higher. The dose of your suifonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizzness, confusion, imitability, hunger, fast heart beat, sweating, and feeling jittery.

Please read the Medication Guide on the adjacent page for more detailed information.

Merck Helps

Having trouble paying for your Merck medicine? Merck may be able to help, www.merckhelps.com Your doctor may do blood tests before and during freatment with JANDVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANDVIA. The most common side effects of JANDVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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*Cacitates generals.

*Source: MS Health, NPA** Monthly, Thx, Nov 2013-Dot 2014.

Talk to your doctor about JANUVIA today.





Medication Guide JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- · pancreatitis
- · stones in your gallbladder (gallstones)
- · a history of alcoholism
- · high blood triglyceride levels
- · kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.
- JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if
 you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years
 of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

 you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.

Symptoms of a serious allergic reaction to JANUVIA may include:

- · rash
- · raised red patches on your skin (hives)
- swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing

What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- · have or have had inflammation of your pancreas (pancreatitis).
- · have kidney problems.
- · have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.

 are breast-feeding or plan to breast-feed. It is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a new medicine.

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Your doctor may do blood tests from time to time to see how well your kidneys are working.
 Your doctor may change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See "What are the possible side effects of JANUVIA?".
- If you miss a dose, take it as soon as you remember. If you do not remember until it is time
 for your next dose, skip the missed dose and go back to your regular schedule. Do not take
 two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- · Check your blood sugar as your doctor tells you to.

- · Stay on your prescribed diet and exercise program while taking JANUVIA.
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
- Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

What are the possible side effects of JANUVIA?

Serious side effects have happened in people taking JANUVIA.

- See "What is the most important information I should know about JANUVIA?".
- Low blood sugar (hypoglycemia). If you take JANUVIA with another medicine that can
 cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood
 sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered
 while you use JANUVIA. Signs and symptoms of low blood sugar may include:

headache
 drowsiness
 weakness
 dizziness
 confusion
 irritability
 hunger
 fast heart beat
 sweating
 feeling jittery

- Serious allergic reactions. If you have any symptoms of a serious allergic reaction, stop
 taking JANUVIA and call your doctor right away. See "Who should not take JANUVIA?".
 Your doctor may give you a medicine for your allergic reaction and prescribe a different
 medicine for your diabetes.
- . Kidney problems, sometimes requiring dialysis

The most common side effects of JANUVIA include:

- · upper respiratory infection
- · stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- · stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®).
 Rosiglitazone is another type of diabetes medicine.

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088

How should I store JANUVIA?

Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

This Medication Guide has been approved by the U.S. Food and Drug Administration Distributed by: Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Whitehouse Station, NJ 08889, USA

For patent information: www.merck.com/product/patent/home.html usmg-mk0431-t-1402r013 lssued: 02/2014

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Apparently Mariah Carey's family has a proud tradition of hyperbole and melodrama, as her brother Morgan is a bit worried about her right now. Well, more than a bit: "She'll die just like Whitney Houston," he says, according to Radar Online. But why exactly is Morgan concerned about Mariah's potential demise? Because the singer, currently doing that whole Las Vegas residen-

cy thing, "is struggling on a number of levels," he says, claiming that she's on a steady diet of alcohol and prescription drugs. "She's pushed away the only people who've been trustworthy. She does not have a support system, and she is not mentally capable. I can't say that I have ever been around her when she was sober, and that's very scary." I guess maybe he's hoping she's reading this?

Chris Brown is a terrible passenger

Chris Brown really needs to work on his people skills. In the latest round of faux pas by the embattled singer, Brown reportedly made life hell for the crew of a private jet, "smoking a ton of pot" despite FAA regulations and requests he stop, according to Us Weekly. "He blew smoke at a flight attendant and said, 'I paid \$60,000 for this jet, so I own it and everyone inside," a source says. He also took aim at another flight attendant: "He told

her, 'What is your old ass doing here anyway? I like to have the help be people I'd actually like to f—," the source adds. Charming, that one. Also, Chris? Hotboxing a jet and being a jerk to the crew is basically where Justin Bieber was behaviorwise more than a year ago, so step up your game. And someone needs to tell him that a private jet — with or without a crew - costs much more than 60 grand, so really he was more renting everyone inside of it.

Stripper advises Jennifer Garner to 'run' How do you know your marriage is in trouble? When a stripper purported involved in your husband's last big breakup is chiming in — on the recor her real name — about how you should kick him to the curb. "I can't say prised," Tammy Morris tells the National Enquirer in response to rumors Affleck and Jennifer Garner are headed for a split. "I believe 'once a chea a cheater." My advice to Jen is: Run!" Morris gained some not at Ben 12 years ago when she went on the record clair cheated on then-fiancée Jennifer Lopez with her, a claim that came shortly before their breakup. For her part, Morris is re-ally just disappointed in Affleck, which is kind of the icing on the cake here. "I was really hoping Ben had turned his life around," she says. "He married the all-American girl. It's too bad he couldn't make it work." Oof.

Ned Ehrbar takes on the world of gossip. **NED EHRBAR**

THE

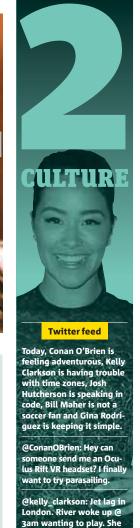


SCREEN IUNKIES, YOUTUBE

'Entourage,' **Honest Trailer** edition

Now that the "Entourage" movie is here and being met with oh so much critical ire, how about a look back at the eight seasons of bro-tastic television that preceded it, thanks to Honest Trailers? After careful

examination of the series - a "consequencefree journey from highs to even higher highs' dubbed "The Real **Douchebags of Broverly** Hills" — the only real question is why critics were at all surprised by the content of the film. And how did I never notice that Turtle really is "your average 'Entourage' fan"? That is so spot-on.



@jhutch1992: ying yang in this thang

is now asleep but now I'm

hungry 4 breakfast. Can't

order or I'll wake her. Ugh

@billmaher: Sorry all my lovely new European friends, but U have to admit that as bad as the FIFA scandal is, its still more interesting than the sport

@HerelsGina: My advice... Live a Great Story.

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CAITLYN JENNER IMPORTANCE OF



This week, a profile on Caitlyn Jenner and some amazing photos in Vanity Fair were posted. Caitlyn hit 2.16 million followers on Twitter at the time of this writing. Major news organizations are using the pronoun "she," something that wouldn't have happened not so long ago. President Obama tweeted in support.

metr⊕

This weekend, I attended the Critics' Choice TV Awards. I was struck by Jeffrey Tambor's Best Actor in a Comedy Series acceptance speech for his role in "Transparent," where he plays a father who comes out as transgender.

"I had an acting teacher who said, 'When you act, you have to act like your life depends on it.' I was given the gift of a role where I have to act because other people's lives depend upon it.

And that, right there, is really the point. People's lives absolutely do depend on representation in media. For some of us, it's "Doc McStuffins" inspiring little girls to be doctors. For others, it's how "Will & Grace" made their parents less afraid of their comingout announcement.

The more something becomes familiar, the less it scares us. It doesn't matter if we're drawn to stories like this because of curiosity, because it's trending on Twitter or because it's in our favorite TV shows.

If a transgender person sees him- or herself represented on-screen, they're not alone. Representation can change and save lives.

Geek Girl in Hollywood

JENNA BUSCH

JENNA BUSCH TAKES ON THE WAY POP CULTURE SNUBS ITS FEMALE FANS. FOR MORE COLUMNS, VISIT METRO.US/JENNA-BÚSCH AS WELL AS HER SITE.





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Interview. Paul Weller looks to the present with his new album, "Saturn's Pattern."

First, there was '70s trio The Jam. Next, in the '80s, came the jazz-, Mod-, and soul-inspired Style Council. Then there is a two-and-ahalf-decade solo career and an expansive exploration of blues rock. All of which adds up to a considerable legacy, but Paul Weller, the man behind all of this, isn't done yet.

The English singersongwriter and guitarist's latest record, "Saturn's Pattern," is another musical gem, splicing classic pop-soul and blues rock into a brand new sound.

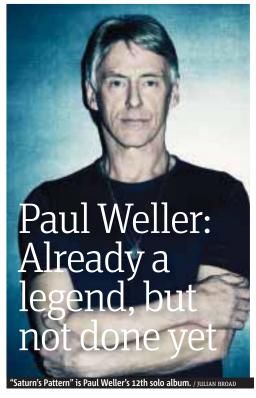
Constantly evolving

"Every record is different," Weller says. "I don't know if anything I do has any bearing on the next, apart from me trying to improve it, and finding ways to improve.

Unlike most artists these days, Weller doesn't have to mine so-called alternative revenue streams to making music: "I've always been signed to major labels, since I was about 18, so I don't know anything any different,' he says. "I'm old school, I suppose."

Staying in the present

Weller says he doesn't



live in the past and is only interested in present projects. Even his playlist is full of the newest bands. "There's so much great stuff around," he says. 'There's a Scottish band called Young Fathers I really like. And Toy, another English band I like. I heard this young American fella the other night called Leon Bridges," he says of the Texan soul sensation. "I thought he was pretty good as well. There's a load of great music about."

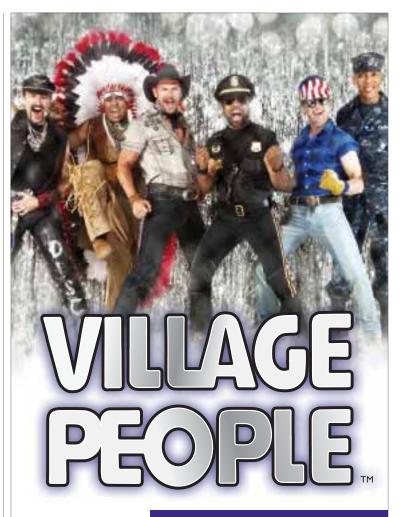


If you go

Paul Weller

June 12, 9 p.m. Terminal 5 610 W 56th St. \$50, 212-260-4700 Terminal5NYC.com

June 20, 8 p.m. Music Hall Of Williamsburg 66 North Sixth St., **Brooklyn** \$60, 718-486-5400 MusicHallof Williamsburg.com



June 13 · 9pm

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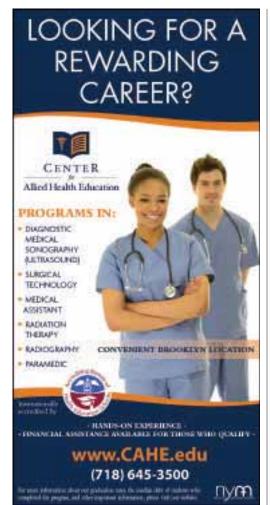
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Back for more

Interview. Despite nearly dying last season, Hugh Dancy's FBI profiler just can't stop chasing "Hannibal."

metr⊕

For a man who plays one of television's darkest characters, Hugh Dancy laughs easily — though it's the same awkward laughter of viewers while watching his tension-ratcheting show "Hannibal."

The series, about a pre-"Silence of the Lambs" Hannibal Lecter (Mads Mikkelsen) returns tonight at 10 on NBC. The premiere finds Dancy's tenuously sane profiler Will Graham recovering from being gutted physically — as Hannibal was emotionally — after betraying his secret to the FBI, while the doctor is enjoying a new life as a professor in Italy.

We caught up with Dancy about filming in Florence and why Will can't quit Hannibal. How much of Season 2 was real versus setting Hannibal up?

Both of those things were happening simultaneously and Will, to a certain extent, had bifurcated himself. There were two possible outcomes: One would be that Will assisted in apprehending Hannibal, or that Will ran off with Hannibal into the sunset in some kind of murder duo. And neither of those would've been a satisfactory outcome for Will he was already too split. So he was just postponing the inevitable.

If Will had known their surrogate

daughter Abigail was still alive, would confused him further, that have because in a sense it was changed an answer to his prayer much? to see her brought back to life. In another sense, It would it's the darkest thing that have only Hannibal had ever done.

Will is pursuing
Hannibal despite
nearly being
killed by him. Is
he still working
with the FBI, or
is this personal?
By the end of
Season 2, Will

has proven that he ĥas no scrap of self-preservation whatsoever. Will is certainly cut off from the FBI but, more to the point, he's cut off from the people who would've been his allies - he doesn't trust them, and they don't necessarily trust him.

Hannibal loves Will, but how does Will feel about him?

There is an involuntary quality to each of their feelings of the other. Both have gone against their normal nature. Hannibal, the reason his revenge at the end of Season 2 was so brutal is because he showed himself to Will. He made himself vulnerable. Will, obviously, has gone trol eye

has gone [to] extremely dark and dangerous places, not just literally but in the sense that he allowed himself to go to the brink

GETTY

IMAGES



and go beyond the brink for Hannibal. They've been alone in the world until they recognized something in the other that made them feel not alone, which is as good a description of love as you can have.

The show switched settings this season – how was Florence?

With respect to Toronto, being there exclusively over the winter for the last three years made Florence even more beautiful than it already is.

Had you been there before?

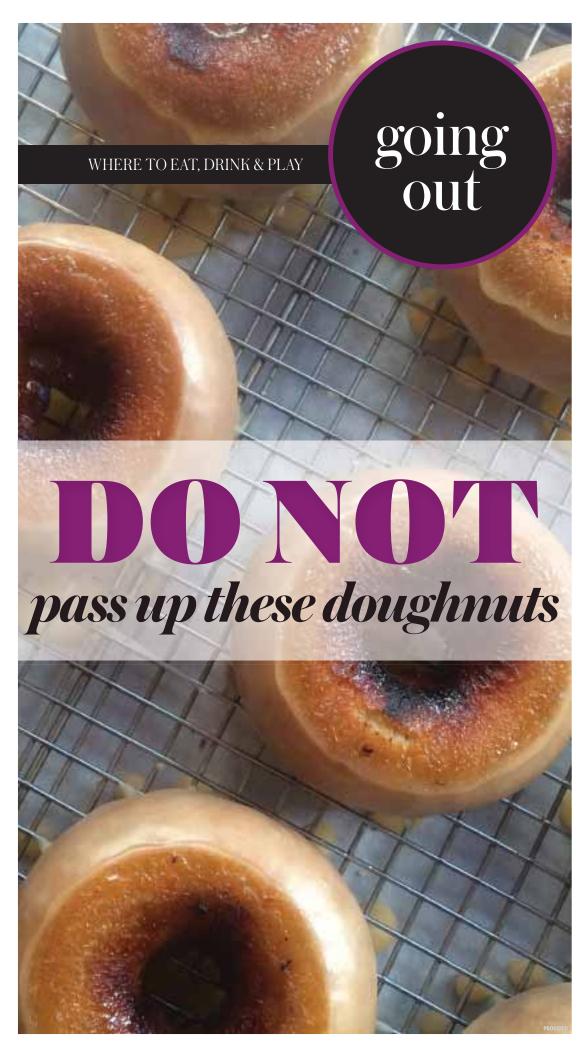
No, never. We were [filming] during the day and had a lot of big dinners at night, family style.

In one of the trailers, Will forgives Hannibal. How could he?

[Laughs] Certainly, the audience initially won't know what he's in pursuit of other than Ĥannibal the man, whether it's vengeance or reconciliation or something else. Will doesn't necessarily know the answer to that question himself - he's achieved a Zen-like state that he has to go on his quest, and whatever he finds at the end of it, literally and emotionally, that's OK, that's the road he needs to travel. So he's almost clearer than we've seen him before, and that's where that possibility of forgiveness comes from.







We're all for eating light and healthy — but not on National Donut Day. EVA KIS

Miso Maple

Dough Loco

24 E. 97th St., East Harlem

Four specialty flavors rotate in and out daily, but the savory-sweet magic of this doughnut (\$3) has touched so many lives that it's pretty much a fixture. New York's own Crown maple syrup and the Japanese umami staple miso float inside the airy, yeasty goodness that would be insulting to call mere "dough." Dough Loco has a lot of fun with flavors, like their new pairings of pistachio with wasabi and lychee with ginger.

Confettura Di Fichi

Elsie's Doughnuts

1031 Bergen St., Crown Heights

In New York City, chances are there's a little Italian influence in everything. At Elsie's, it's the shop's beloved Mascarpone cheese that's put to good use as the savory note on a fig jam-filled doughnut, topped with toasted almonds (\$2.50). The tiny shop opens at 7 a.m. and sells out of its unique flavors fast, so get there early — we recommend taking your haul a block away to Berg'n and enjoying it with a local brew.

Sriracha Doughnut

Jolie Patisserie

2453 Seventh Ave., Harlem

Not everyone understands the appeal of sweet and spicy. But for those of us who love to slather deli mustard, Tabasco and, lately, Sriracha on anything on our plates, Harlem's newest bakery is serving a doughnut (\$1) with a lashing of rooster sauce on top, along with sour cream and almonds. Lower those eyebrows — the chef was trained in the way of the world's pastry kings in Central Europe, so let the man work.

Honey Dipped

The Donut Pub

203 W. 14th St., West Village

What's that? You want a doughnut that isn't stale at 2 a.m.? These guys are open 24/7 and cranking them out long after everyone else's pastries have gone stale. And at \$1.35, it can be had for the change in your pockets. They serve a solid stable of classics, but the Honey Dipped is a pillowy bite of not-too-sweet dough that flakes apart as soon as it hits your tongue, like it never existed — which is as good a reason as any to get two.

Red Velvet Crumb

Peter Pan Donut & Pastry Shop

727 Manhattan Ave., GreenpointEverything about this Polish shop is retro, from the signage to the decor — oh, and the prices. Just \$1.10 buys you cake-like or yeasty doughnuts with a slightly crisp texture on the outside, the better to protect their dense interiors. They do several takes on Red Velvet here, but you want to go for the crumb version, with a ring of cakey bits swimming in frosting sitting on top of a yeast doughnut.

We asked the nominees where they'd celebrate if their name is called on Sunday night.



T. MICHELLE MURPHY @metronewyork

After the hard work of winning recognition for your talents comes the celebration. But when it comes to the Tony Awards, which take place at Radio City Music Hall this Sunday, stage performers are a superstitious lot: It's considered a jinx to think about — much less talk about — what you'd do if you won. We asked five of this season's bravest nominees to count their awards before they're won by telling us where they'd go in New York City to celebrate a Tony

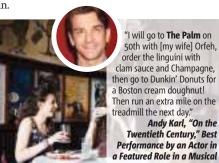


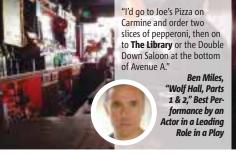


ERIC LAIGNEL, ROCKWELL GROUP

"Nobu! First, it is one of my favorite restaurants of all time. And second, David Rockwell designed the beautiful space! What a place to celebrate!"

Annaleigh Ashford, "You Can't Take It With You," Best Performance by an Actress in a Featured Role in a Play





"Knickerbocker on University Place.
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Terrence McNally, "The Visit,"
Best Book of a Musical

ALEX C, YELP

PROVIDED

Roundup

Feel like a star at these stylish karaoke bars.

There's a lot of talent in New York City, it's true. But you know what the world doesn't know yet: You're the one they're waiting for. All you need is to get up on that stage in front of the right people and it's a one-way ticket to the spotlight. So keep practicing those Maroon 5 choruses and Wiz Khalifa's rap hooks in the shower, then break out your best material and let fate do the rest at these five karaoke bars.

Planet Rose

219 Ave. A PlanetRoseNYC.com

I'm probably biased because of how much fun I've had a couple times at this East Village gem, but there's something so special about their setup: You perform standing in the middle of the (usually) packed bar. Stage fright doesn't really exist here — because there is no stage.
There's not even a microphone stand to hide behind, so make sure you fuel up on liquid courage before getting up there. Pro tip: This is the place to pick a popular song to get the crowd behind you, singing along.

PALMRESTAURANT, FACEBOO

K-One 97 Bowery St. KOneKTV.com

This hyperstylized Chinatown lounge could host much sexier things than karaoke, but we're glad it doesn't. This is the place for "The Voice" hopefuls to make their mark, belting one out on their phenomenal sound system. But because it's Chinatown, the drinks are affordable and the chicken wings are good enough to make a meal of them — we mean it! Get here around dinnertime, put in your order and settle in for a classier kind of karaoke.

Spot Karaoke 34 W. 32nd St. SpotKaraoke.com



K-One **PROVIDE**

Happy hour doesn't get much happier than BOGO deals, and at Spot Karaoke that's every weekday from 5 to 9 p.m. — but then it continues Sunday through Wednesday from midnight to 3 a.m., so who says the fun stops at 11 in Midtown? The bar in Koreatown is on the ninth floor, has bright funky fluorescents lining their interior and some pretty

great food. And if you'd like to vary your party activities, there's a beer pong table.

Radio Star Karaoke 3 W. 35th St. RadioStarUS.com

What are the necessary elements for a successful night of karaoke? Enough alcohol to keep it lubricated. At Radio

Star, enjoy an hour of unlimited drinks for \$20, then every subsequent hour is \$15 (but be kind to the bartenders dealing with your equally bottomless nonsense and just pay \$20). This bar doesn't have the largest music selection in Midtown, but the space is huge, so you'll really feel like you've hit the big time.

Japas 38 9 E. 38th St. KaraokeJapas38.com

This bar is awesome because of its modern ambiance, huge collection of music and many, many rooms to hide your tuneless shame. If you're looking for something really obscure, this is your go-to spot, with over 107,000 songs in English, Japanese and even Korean. They also add 1,000 songs every month, so don't expect to find "Sweet Home Alabama" on heavy rotation here. It's probably the best spot to have your birthday or bachelorette party (or whatever excuse you've concocted to pound shots and sing songs until you lose your voice — or your cookies). Bottom line: They have a lot of songs, a lot of space and a lot of alcohol.



Listings

BELMONT STAKES

21 Club Belmont **Stakes Party**

June 6, 4:30-6:30 p.m. 21 Club, 21 W. 52nd St. \$55, 21Club.com

The restaurant is hosting an official party this Saturday for two hours preceding the race. For \$55, you'll get two Knob Creek Belmont Jewel cocktails (the cocktail of the race) and dine on high-end bites like salmon and lamb. Then enjoy the derby in the lounge starting at 6:35 p.m.

'Re-Designing Women'

June 10-21 **Baruch Performing Arts Center** 55 Lexington Ave. \$30, Baruch.CUNY.edu/bpac

Whether or not you're old enough to remember the '80s sitcom "Designing Women," you'll be able to enjoy the overthe-top silliness of "Re-Designing Women": The play follows Southern belles who try to save their business by pitching a reality show to Bravo's Andy Cohen.

The Total Gowanus **Immersion**

June 6, 1-7 p.m. **Various locations** \$25, BrooklynBased.com

Gowanus gets a bad rep for its notoriously gross canal and for not being Park Slope. But this weekend it gets the chance to redeem itself via the Total Gowanus Immersion, a daylong beer-focused trek to various new and classic bars in the area.

Dark Wonderland

June 4-6, 11-13, 18-20, 25-27 7:30-10 p.m. **Green-Wood Cemetery** 500 25th St., Brooklyn \$25, Green-Wood.com

When we were young, the journey of "Alice's Adventures in Wonderland" was a wondrous affair. As adults, we can see the darker elements in Lewis Carroll's story, which is turning 150 years old, and what better place to celebrate the macabre than in a cemetery? Each weekend will feature different performers in a festival that will "hold a modernday looking-glass to our city."

FOOD

Lobster Rumble

June 4, 6 Metropolitan Pavilion

Governors Ball Music Festival June 5-7 Randall's Island Park

\$120-\$275, Governors BallMusicFestival.com

This weekend is one of summer's biggest music festivals. in NYC or anywhere else. Headliners include Lana Del Rey, Florence + The Machine, The Black Keys and Bjork. A new batch of single-day tickets has been released for \$135 each, with three-days tickets at \$275. There's also food, merchandise and nlenty of honus activities and parties around the island.



Breadstick Nation June 4-6, 11 a.m.-2 p.m., 4-7 p.m., various locations

Curious about Olive Garden's new Signature Breadstick Sandwich but don't want to brave Times Square? The restaurant is bringing its newest menu item to NYC this weekend, serving free samples from a food truck Taste the hype today in Flatiron (Fifth Avenue and 23rd Street), Friday at Madison Square Garden (Seventh Avenue between 32nd and 31st streets) and Saturday in Times Square (42nd Street and Seventh Avenue)



125 W. 18th St. \$165-\$265, TastingTable.com

There's a fest for every kind of food, but Tasting Table's Lobster Rumble has got to be the best value for such a desirable delicacy. Over 25 local restaurants compete for the title of Best Lobster Dish, but the best part for you is that you'll have to taste them all to cast your vote.

Museum Mile Festival

June 9, 6-9 p.m. Fifth Ave. b/w 82nd and 105th Free, MuseumMileFestival.org New York City has street fairs and block parties galore, but there's almost nothing as expansive as the Museum Mile Festival, which stretches from 82nd to 105th streets on Fifth Avenue for 23 blocks of art, fun, culture and more at nine of the museums, all for free. Outside, there are also bands, vendors and art displays.

Hudson Square 3D

June 10-11, various locations HudsonSquareBID.org

NYC's historic printing district is evolving into a fast-growing hub for tech, design and media

startups and companies. Check out interactive workshops in composing music on modular synthesizers, a podcast panel including comedian Todd Barry, rapid-fire talks (can we make their no PowerPoint slide over 15 seconds a workplace policy?), plus live demos of furniture and bike racks being built from 3D-printed materials.

Suddenly Summer Today, 6-8 p.m.

Lord & Taylor, 424 Fifth Ave., Floors 9&10 Free, LordAndTaylor.com

Maxim magazine is turning the Men's Department into a summer dance party, with music by The Jane Doze, cocktails, light bites and games you probably haven't played without a red Solo cup in your hand. On hand will be Yankees pitcher Dellin Betances — maybe you'll see how good he is with a beach

T. MICHELLE MURPHY

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Openings



Wild Horse Tavern LIZ CLAYMAN

Two award-winning barbecue teams, Salty Rinse BBQ (including Del Posto's Matt Abdoo) and Ribdiculous Bar-B-Krewe (led by Balthazar executive chef Shane McBride), have combined their expertise to build a menu of their favorites at Gowanus pop-up Pig Beach (452 Union St.). Roll up to the casual outdoor counter/bar (service is weather permitting) for baby back ribs, smoked short rib chili, the Pig Beach Burger and, because you can't live on meat alone, sweet pickles. PigBeachNYC.com

With summer comes ice cream, and of course if it's sweet, Dominique Ansel Kitchen is on it. This Friday, the Cronut creator's new cafe (137 Seventh Ave. S.) is opening a soft-serve window with just two flavors (\$7 with a housemade cone): burrata with balsamic caramel (with a whole confit strawberry inside, because Dominique Ansel) and gianduja with salted hazelnut brittle, orange mist and sea salt. Friday, Saturday, Sunday, noon-9 p.m.

After roving successfully between the Brooklyn Night Bazaar and the LIC Flea, Ice & Vice is finally putting down roots in the Lower East Side. The 2014 NYC Vendy Award winner for Best Dessert will serve their experimental, sophisticated ice creams beginning Friday at 221 E. Broadway. IceAndVice.com

Improbably, the Upper East Side is continuing to build its hip foodie reputation, this time with Wild Horse Tavern (1629 Second Ave.), a project by the same team behind Tribeca's trendy Church Street Tavern. The vibe is all about classic rock 'n' roll, with plans to host weekly concerts on a stage in the back of the dining room. Chef Max Renny (Fatty Crab)'s menu runs the gamut from housemade pastrami to a Vietnamese dip sandwich, and nods to the UES' fading heritage as home to the city's Eastern European community. On the drinks side, there are 12 beers on tap, and music-themed cocktails. WildHorseTavern.com EVA KIS



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INSIGHT © GUIDES

TRAVEL WEEKLY



Sicily, the largest island in the Mediterranean, has some of the best and most varied archaeological sites in Europe.

Sicily has better-preserved Greek temples than you'll find in Greece. The Valley of the Temples near Agrigento, a Unesco World Heritage Site, has eight temples, built from about 510 to 430 B.C. The most stunning is the Temple of Concordia, considered to be one of the finest Greek temples in the world. The reason they're here is that this was the ancient

and important Greek city of Akragas, founded in the sixth century B.C. It once had a population of 800,000

Also not to miss is Taormina, on the East Coast. Its ancient Greek theater makes it one of Sicily's most significant sites. It was

built in the third century B.C., then enlarged by the Romans in the second century B.C., and is remarkable both for its state

of preservation — it remains pretty much as it was when gladiators fought here — and for its views of the sea and

Mount Etna.

Taormina isn't even the largest Greek theater on Sicily. That

would be the one at Syracuse. further down the East Coast. Syracuse was a significant Greek colony, and its theater was built in the fifth century B.C. It isn't as well preserved as the theater at Taormina, but it

remains breathtaking. Nearby is a sixth-century-B.C. Greek temple, and the site's archaeological museum is also impressive.

Near the northwestern tip of Sicily is Segesta, a site first settled in the 12th century B.C. In the fifth century B.C. the Greeks built a temple on a perfect hilltop setting here, and this also remains wonderfully well preserved. So too does the fourth-century-B.C. theater, which is still used for summer performances today, with its spectacular natural scenic backdrop.

These are just some of the

best of Sicily's archaeological The Temple sites. Others of Concordia to put on the is considered list include the to be one of beautiful Roman mosaics at the **Greek temples** Piazza Armerina. in the world. the temples at Selinunte and the hillton

site at Tindari. Bringing them all together is the Regional Archaeological Museum in Palermo, which displays items from all of these sites and more.

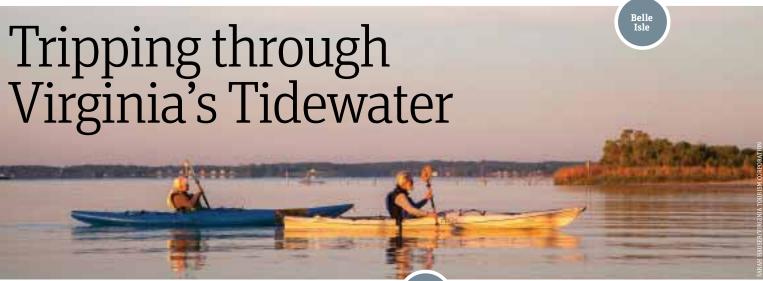
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Bordered by the Chesapeake Bay and Potomac River, Virginia's Northern Neck blends history, scenery and activity for a relaxing, rejuvenating getaway.

Tiny waterfront villages, historic mansions and quiet farmland north of Norfolk, Va., make it seem far removed from the modern world.

Learn about George Washington's early days at the plantation where he was born. Nearby is fully restored Stratford Hall. It was home to the Lee family — including two members who signed the Declaration of Independence and, later, Confederate General Robert E. Lee. The history of the region is tied to the Chesapeake and its tributaries. Reedville's entire milelong, waterfront Main Street

is a National Historic District.
The Fishermen's Museum tells
tales of the fishing, crabbing
and oystering industries. Cruise
on the skipjack, a singlemasted schooner unique to the
Chesapeake.

For decades, steamboats were the economic lifeline of the Bay, carrying passengers and cargo from Baltimore to Norfolk, stopping at some 200 wharves along the way. In Irvington, the Steamboat Era Museum uses cutaway models, maps and displays to recreate that nearly forgotten period.

Tucked into a

lovely B&Bs.

cove of the Rappahannock River,
Urbanna is worth
visiting just for
the self-guided
walking tour. The
town has galleries,
restaurants and shopping. Both
Reedville and Urbanna have

Triendly sunset
cruise with
Rappahannock
River Charters.

See bald eagles, learn about the ecosystem and hear legends and lore on a river cruise. Tangier Cruises and Urbanna Cruises have various itineraries. Pet-

and family-friendly Rappahannock River Charters has sunset cruises and a trip that docks at Ingleside Winery. Adventurous tourists paddle the Westmoreland Potomac River Water Trail. It's a well-marked route for paddlers with many places to stop, eat, play and stay. Colonial Beach Yacht Center (CBYMarina. com) and Colton Point Marina (ColtonPointMarina.com) both rent kayaks.

The mantra that oysters can be eaten only in months with "R" in them dates from the

days when poor refrigeration meant shipping the highly perishable bivalves was chancy. Now you can enjoy fresh oysters year-round from sustainable Bay

sources at Merroir in Topping. The Dog and Oyster Vineyard produces wines that pair well with oysters. INSIGHT GUIDES | FRAN SEVERN

For itineraries and other information, check in with NorthernNeck.org.

Stratford Hall NOLLYWOODSON ASSISTED. NOLLYWOODSON A



Don't mis

- Menokin: This ongoing archeological dig is at the 1769 manor house of Francis Lightfoot Lee, a signer of the Declaration of Independence (Menokin.org).
- Westmoreland Berry
 Farm: Pick your own
 berries or buy homemade
 goodies from this farm.
 Try a fresh fruit sundae on
 the deck overlooking the
 Rappahannock (WestmorelandBerryFarm.com).
- Irvington Crab Feast: On Aug. 8, dig into steamed crabs and barbecue, washed down with cold



Take a family-

beer (SteamboatEraMuseum.org).

 Chesapeake Bay Wine Trail: Take a self-guided tour of one (or more!) of the nine wineries (ChesapeakeBayWineTrail.com). Virginia
Birding
and Wildlife
Trail: Head be

and Wildlife
Trail: Head here to see
resident and migratory
birds and the critters
who call the Northern
Neck home.

II Gemini | May 22-June 20 Sharing your ideas will lead to a new project stemming from an unlikely source. By broadening your circle, you will also create allies.

Gancer | June 21-July 22 Being caught on an emotional roller coaster will have damaging effects. Keep your distance from toxic individuals.

∩ Leo | July 23-Aug. 22 Even if you aren't responsible for an unfortunate circumstance, do what you can. Having a sympathetic ally will give strength to those who are struggling.

Sudoku: Easy and hard

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M Virgo | Aug. 23-Sept. 22 Take your mind off current troubles by engaging in family time. Attending a sporting event will help lift vour spirits.

www.metro.us Thursday, June 4, 2015

Harmony at home will depend on the way you react to challenging circumstances. Relationships will be difficult. Pursue a hobby vou can work on alone.

M Scorpio | Oct. 23-Nov. 21 If you feel lethargic, get some fresh air. Exercise is a great way to stimulate you. Moping around the house will lead to stagnation.

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₹ Sagittarius | Nov. 22-Dec.

21 Take an objective look at a deal or collaboration. Don't take on additional financial obligations, but offer hands-on help.

7 Capricorn | Dec. 22-Jan. 20 Before you make a move. consider the pros and cons. Other people's experiences will not be a true reflection of how matters will pan out for you.

🗻 Aquarius | Jan. 21-Feb. 18 Too many choices will confuse you. Before you sign on for a new project. ask a trusted friend for advice.

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Pisces | Feb. 19-March 20

Make your home comfortable if you want to improve dynamics. Host a get-together where you can showcase your efforts.

Aries | March 21-April 20 If you waste your time fighting with an unreasonable individual, you won't have the energy to pursue enjoyable activities.

Taurus | April 21-May 21 You will be surprised to hear about or from a past partner. Before you decide to reunite, remember why and how you parted ways ELIGENIA LAST

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column and

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every 3x3 box

math involved.

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reasoning and

puzzle with

logic.

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Letters to the editor

What's race got to do with it?

Re: 'Why does Emma Stone think she can look as Asian as me? (Metro.us) Matthew, I do not think Emma Stone looks Asian but has it occurred to you that she is an actress acting? The recent live TV version of the "Sound of Music" had a black Reverend Mother and it was 1938 Austria. But it was acting. Everything has to be about race. And you, sir, do not look Asian either. You look Middle Fastern.

WALTER NANCE, VIA EMAIL

Eat more plants

dent Obama directed federal agencies to serve antibiotic-free meat and poultry in government cafeterias. The FDA will require animal producers to obtain authorization from a licensed veterinarian to use drugs to treat a specific disease. The moves come amid growing concern about the link between routine antibiotic use in animal agriculture and human infections by bacteria that have developed resistance. While government agencies reduce antibiotics in animal products, the rest of us can do better immediately with wholesome vegetables, fruits, legumes, grains and a rich variety of plant-based meats, cheeses, milks and ice creams. These foods contain all the nutrients we require, without the deadly pathogens.

Last Tuesday, Presi-

Visit us online at Metro.us.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



BILL HEINSTADT, VIA EMAIL

Crossword

Across

- 1 Fainthearted
- 6 Part of CD
- 10 "Hawkeye" Pierce
- 14 Coach Rockne
- 15 Hound's trail
- 16 Mind
- 17 Two quartets 18 Stoic founder
- 19 1917 abdicator
- 20 Amber-colored wine
- 22 Tough-guy trait
- 24 Wiedersehen
- 26 Horned beasts
- 27 Use again
- 31 Turtle-to-be
- 32 Like a good sentry 33 Value
- 36 Put money on
- 39 Monsieur's son
- 40 Yields, as territory
- 41 Kind of pool
- 42 Edge a doily 43 Lyrics
- 44 Open-air lobbies
- 45 Soulmate
- 46 Has in view
- 48 Spa amenities 51 Wrench target
- 52 Relax, as a fist
- 54 Mississippi port
- 60 Lectern's place
- 59 Type of food

- 62 King or queen
- 63 Indulge, plus 64 Jazzy Fitzgerald

Down

- 1 Bout enders
- 2 Rainfall measure
- 4 Centurion's highway 5 Speak badly of
- 7 Footnote note
- 8 Whale finder
- 10 Drama class
- 11 Wild-horse stopper
- 12 Tots of whiskey
- 13 Space lead-in
- 23 Weather system
- 25 Not as many
- 27 "Kon-Tiki" craft
- 30 Time divs.
- 34 Funny-peculiar
- 35 Pine product

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- 65 Ms. Verdugo
- 66 Parroted
- 67 Off. statements
- 68 Lazy server?

- 3 Speechless
- 6 Baker's meas.
- 9 Makes an afghan

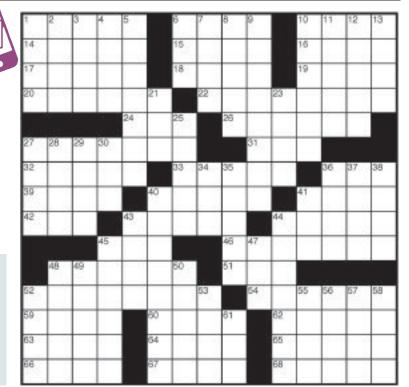
- 21 "The King and I" king

- 28 Film director -- Kazan 29 Stonehenge builder

- 36 Capital near Zurich
- 37 Writer Bagnold

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- 40 Sieve 41 Onetime telecom
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- 53 Sword part
- 55 Humdinger 56 Fiesta cheers
- 57 TV's "Warrior Princess" 58 Tehran's locale
- 61 Stockholm carrier



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Women's World Cup typically dominated by three countries

World Cup soccer.

Germany, United States and Japan are the three dynasty countries.

There are just four different countries that have ever won the Women's World Cup. Germany (2003, 2007) and the United States (1991, 1999) both own two titles while Norway (1995) and Japan (2011) have each won once. With all due respect to Norway, which is not the same powerhouse it used to be, Germany, the U.S. and Japan are clearly the three top teams heading into the 2015 World Cup, which begins this weekend in Canada.

In the most recent FIFA rankings, Germany is No. 1, the U.S. is No. 2, France is No. 3 and Japan is No. 4. By virtue of the fact that Japan is the most recent champ, that team still has a little more cache than France, which has never finished higher than fourth (in 2011). Germany is in Group B, the U.S. is in Group C and Japan is in Group D, so the earliest that any of them could meet is in the round of 16.

Germany

Things were set up for a true dynasty last time around as Germany came in as the two-time defending champ and was hosting the event.



The Germans went 3-0 in group play but were upset by Japan in penalty kicks in the quarterfinals. Germany is led by midfielder Nadine Kessler, who was the World Player of the Year in 2014. German goalkeeper Nadine Angerer was Player of the Year in 2013, but she just retired in May, so the rest of the field doesn't have to worry about her anymore. Norway is the one team that could challenge Germany in Group B.

United States

After paying her dues for

many years, head coach Jill Ellis gets her first shot at bringing another World Cup title back to the U.S. Ironically enough, she'll meet her former boss Pia Sundhage (now Sweden's head coach) in the second match of the tournament for the United States. Many Americans should be on hand in Canada to cheer on the squad, particularly if they progress to the semifinal that's in Montreal. The Final is being held in Vancouver. In group play, the Sweden match on June 12 will

be tough but the U.S. should be heavy favorites against Australia and Nigeria.

Japan

out of nowhere to win the title as it had never finished even as high as fourth place. The greatest player they have ever produced — midfielder Homare Sawa (2011 World Player of the Year) — is back for

her record sixth World Cup (she debuted at age 15!). She won the Golden Boot (leading scorer) and Golden Ball (tournament's MVP) in 2011. At age 36, you'd have to think that this will be her last World Cup, so needless to say they'll be motivated to send Sawa out on top yet again.

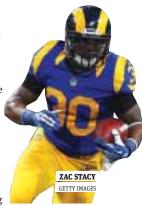
RICH SLATE @RichSlate

MLB Tanaka impresses in return Masahiro Tanaka was tremendous esday in his first start since April 23. Tanaka shut down a potent Seattle lineup, working 7.0 innings while allowing one earned run on three hits. He struck out nine Mariners batters in a 3-1 Yankees road win. The Yanks are off Thursday, but will begin a three-game at the Sta

NFL. Running back Stacy looking to resurrect career with the Jets

Hoping for an opportunity at more playing time, Zac Stacy went from one crowded backfield to another one equally as crowded. Thing is that here in New York with the Jets, Stacy thinks he'll fit in just fine, even though running back might be the deepest position on the Jets' roster.

"There's always competition everywhere but I think the move to the Jets was what's best for me," Stacy told Metro. "Coming



into a system that obviously has competition going in but has good opportunities as well. Thought it was a best fit for me to move to Jersey. At the end of the day it was the best decision for me

Stacy burst onto the league stage in his rookie season of 2013, running for 973 yards and seven touchdowns. But last year, his carries were cut by nearly three-fourths and his productivity went way down. KRISTIAN DYER



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It's an unusual case and a stunting one. How can we expect to have a good draft if it's so cloudy right at the top? The "safe" pick is a wideout like Dez Bryant, Antonio Brown or even Julio Jones. Wideout bust rates are miniscule compared to running backs. But thanks to positional scarcity, the smart pick is a back, and he goes by Purple Jesus.



It's rare that we can expect a 30-year-old running back with 2,262 career carries to have much tread left on the tires. But Adrian Peterson has been the exception to many rules his whole career. When Dr. James Andrews opened up Peterson's knee after his 2011 ACL tear, he "couldn't believe it," saying it was "like a newborn baby." He ran for 2,097 yards at 6.02 YPC eight months later. Now Peterson is coming off a full year on the sidelines, which will leave him everso-fresh.

Saddle up

Viking offensive coordinator Norv Turner has a long history of riding feature backs hard and successfully. It started with Emmitt Šmith, moved on to Terry Allen and then Stephen Davis in Washington and became famous with LaDainian Tomlinson. With no guaranteed money in Peterson's contract for 2016, the Vikings might as well ride him into the ground as a centerpiece for upward of 350 carries. Speedsters Mike Wallace and Charles Johnson will open things up vertically, leaving plenty of room for Peter-

Who else?

The workhorse backs that

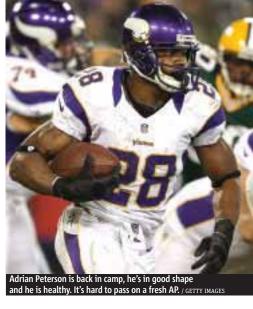
e's in good shape on a fresh AP. / GETITY IMAGES

are left in today's NFL will be gone by the middle of the second round. Taking Dez or Antonio at No. 1 leaves an unbalanced roster that will be tough to win with. Le'Veon Bell is suspended for three games, DeMarco Murray is coming off a 497-touch season and the Packers won't overwork Eddie Lacy. It brings us back to Peterson, a truly genera-



tional talent who projects

for the biggest workload





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LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 31 E. 28th St., New York, NY 10016, for on-premises consumption. H. Y. & B. LLC.

If you worked as an hourly and/or non-exempt employed at the Europan Bakery Café restaurant located at 135 Columbus Avenue between October 15, 2007 and February 3, 2015 (the "Settlement Class") you could get money from a settlement

A settlement of a class action lawsuit (Moises Dolores, et al. v. Europan Café, LLC) has been reached. The lawsuit claims that the restaurant did not pay nonexempt employees minimum wage, overtime premiums, and spread of hours premiums, and withheld certain gratuities from delivery workers. Europan Café and the other Defendants deny these allegations and any liability or wronadoina.

The settlement provides \$242,160.38 to be distributed to class members based on the number of workweeks they worked during the Class Period, whether they worked full or part-time, and whether they worked as a delivery employee.

If you believe that you are

entitled to receive settlement funds, you must contact Class Counsel, Pelton & Associates PC by phone 212-385-9700, by email at pelton@peltonlaw.com or in person at 111 Broadway, Suite 1503, New York, NY 10006, confirm to your membership in the settlement class and update your contact information. If you do not contact Class Counsel by October 12, 2015, you will not be able to obtain money from the money settlement.

For more information: (212) 385-9700 or pelton@peltonlaw.com

Legal Notices

Notice of Formation of Caffebene Bayridge LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on March 4, 2015. Office location: Kings County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 8614 5th Ave Brooklyn NY11209 which is also the principal business location. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 400 Berk Ave South New York Park Ave. South, New York, NY 10016, for on-premises consumption. La Vecchia LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1285376 for Restaurant Wine has been for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 41-81 Browne Street, Flushing, NY 11355, for on-premises consumption. LWZ Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1286407, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcohol Beverage Control Law at 308 Cortelyou Rd., Brooklyn, New York, NY for on-premises consumption. Mr Tony Pizzeria Corp.

Notice of Formation of Carlson Sullivan Pictures LLC. Articles of Organization filed with Secretary of State of N.Y. (SSNY) on March 23, 2015. Office location: New York County, SSNY has been designated for service of process. SSNY shall mail copy of any process to:the LLC c/o 20 New Villa Court, Glen Cove N.Y. 11542. Purpose

Any lawful purpose

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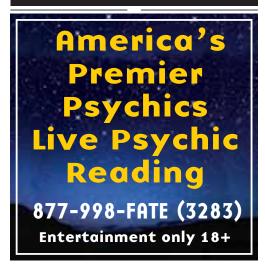
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